

CONNECTED WARRIORS 2017

FREE Weekly Yoga Classes*



SAN MARCOS: Mondays 6:45 - 7:45 PM - San Marcos Veterans Center
3 Civic Center Drive - Community Center, Building 3, San Marcos, CA 92069

SAN DIEGO: Mondays 4- 5 PM - San Diego Vet Center
Dance Studio at Liberty Station, 2650 Dewey Rd, Room 201, San Diego, CA 92106

FALLBROOK: Wednesdays 7 - 8 PM
Sage Yoga Studio, 115 North Main Avenue, Fallbrook, CA 92028

TEMECULA - Thursday, 1:15 - 2:15 PM
Cloud Nine Yoga, 28544 Old Town Front Street, Suite 300, Temecula, CA 92590

OCEANSIDE - Thursdays 5 - 6 PM
Veterans Association of North County, 1617 Mission Avenue, Oceanside, CA 92058

CAMP PENDLETON

MONDAYS 1700-1800 (5 PM – 6 PM) - 21 Area Fitness Center Bldg 21075
TUESDAYS 1845-1945 (6:45PM - 7:45PM) - Paige Field House Bldg Mainside 1110
SATURDAYS 1100-1200 (11 AM - NOON) -21 Area Fitness Center Bldg 21075
SUNDAYS 0900-1000 (9 AM - 10 AM) - Paige Field House Bldg Mainside 1110

**FOR UP TO DATE LIST OF WEEKLY CLASSES SIGN UP ONLINE @
Connected Warriors SoCal Meetup**

CONTACT: Diane Williams, San Diego Regional Coordinator

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*** FREE yoga for active Service members, Veterans, Spouses and Care Givers**